

USDF Recommended Reading List

Riding

- USDF Training Manual (Classical Training of the Horse) – USDF
- The Principles of Riding – German National Equestrian Federation
- Advanced Techniques of Dressage – German National Equestrian Federation
- The New Basic Training of the Young Horse – Ingrid & Reiner Klimke
- Balance in Movement: The Seat of the Rider–Suzanne von Dietz (DVD also available)
- Thinking Riding – Books 1 & 2 – Molly Sivewright
- The Complete Training of Horse and Rider – Alois Podhajsky
- An Anatomy of Riding – Drs. H. & V. Schusdziarra (Reprinted as Anatomy of Dressage with USDF as the co-publisher)
- Rider & Horse Back to Back – Susanne von Dietze
- Practical Dressage Manual – Bengt Ljungquist
- Dressage with Kyra – Kyra Kyrklund
- Dressage: A Guidebook for the Road to Success – Alfred Knopfhart
- The Competitive Edge II – Dr. Max Gahwyler
- Riding Logic – Wilhelm Müsseler
- The Way to Perfect Horsemanship by Udo Burger
- A General System of Horsemanship, William Cavendish, Duke of Newcastle
- The View From C (available through The Dressage Foundation), Dr. Dietmar Specht
- The Art of Training: Lessons from a Lifetime with Horses (The Masters of Horsemanship Series, Book 2), Hans von Blixen-Finecke
- Dressage In Harmony, Walter Zetl
- The Basics by K.A. von Ziegner
- Academic Equitation, General Decarpentry
- The Classical Rider, Sylvia Loch
- Simplicity of Dressage, Johann Hinnemann and Coby van Baalen
- Real Life Dressage, Carl Hester and Polly Ellisons
- Dressage: A Guideline for Riders & Judges, Wolfgang M. Niggli
- Biomechanical Riding & Dressage: A Rider's Atlas, Dr. Nancy Nicholson
- Program for Better Riding: Books 1-5 – Eckart Meyners

Lungeing

- Lungeing – German National Equestrian Federation
- USDF Lungeing Manual – USDF
- Lungeing and Long Reining – Jenny Loriston-Clark
- Long Reining (DVD) – Wilfried Gehrmann
- Schooling Horses in Hand (DVD) – Richard Hinrichs
- Classical Dressage, part 4 (DVD) – Philippe Karl
- The Art of Classical Dressage (video) part 4: Work in Hand – Authur Kottas
- Lunge and In-Hand Work – Philippe Karl

Teaching

- USDF Teaching Manual, – USDF
- Teaching Safe Horsemanship – Jan Dawson
- Teaching Exercises: A Manual for Instructors and Riders – Major Anders Lindgren
- Dressage Formula – Erik Herbermann

- The Right Track: Arena Exercises for Riders and Instructors – Sarah Venamore
- 101 Dressage Exercises for Horse & Rider – Jec Aristotle Ballou
- Effective Riding and Teaching: Exploring Balance and Motion – Eckart Meyners
- Group Lessons - The Instructor's Handbook – British Horse Society
- Group Lessons - The Riding Instructor's Handbook – Monty Mortimer
- The Riding Teacher – Alois Podhajsky

Other Suggested Reading and Video/DVDs

- USDF On the Levels, current edition (DVD) – USDF
- USEF Rulebook – USEF
- FEI Dressage Handbook: Guidelines for Judging, Federation Equestre Internationale
- USDF Pyramid of Training – USDF
- Through the Eye of the Judge (DVD) with Stephan Clarke
- Training with Kyra Kyrklund (Video Series, Volume 2: The Rider's Seat and Balance – Kyra Kyrklund
- The Dressage Horse – Harry Boldt
- The Gymnasium of the Horse – Gustav Steinbrecht (Also available as an [Audio Book](#))
- The Art of Horsemanship – Xenophon (Available as [Audio Book](#))
- USPC Manual of Horsemanship: Intermediate Horsemanship Through C Level – Susan Harris
- USPC Manual of Horsemanship: Advanced Horsemanship Through B/H-A/A Level – Susan Harris
- Ecole de Cavalerie (The School of Horsemanship) – F.R. de La Gueriniere
- Tug of War: Classical Versus “Modern” Dressage, Gerd Heuschmann
- The Dynamic Horse: A Biomechanical Guide to Equine Movement and Performance, Hilary Clayton
- Equine Locomotion – Dr. Willem Back and Dr. Hilary Clayton
- When Two Spines Align – Beth Baumert
- Selecting The Dressage Horse: Conformation, Movement, Temperament by Dirk Willem Rosie
- Cavalletti for Dressage and Jumping – Ingrid & Reiner Klimke
- Successful Dressage, part 1 (DVD), Jenny Loriston-Clark

Other Recommended Books That Are Out of Print

- Principles of Dressage
- A Dressage Judges Handbook
- The Fundamentals of Dressage
- The Essence of Horsemanship
- Dressage Tips and Training Solutions
- Competitive Edge I
- Lessons on the Lunge
- Lungeing the Horse and Rider
- Horses are Made to be Horses
- Balanced Riding
- Fit for Riding
- USDF Dressage Manual