## **ADU Dinner & DVD Night!**

Date: Sunday, September 28<sup>th</sup>, 2014 @ 4pm

Hosted by: Jen Illingworth, 901 CR 250, Georgetown, TX RSVP to Jen: 713-444-9190, or jeillingworth@aol.com







## "LAURA BECHTOLSHEIMER PROGRESSES HER YOUNGSTERS" ADU MEMBERS FREE, \$5 NON-MEMBERS

WEG Silver Medalist Laura Bechtolsheimer, and her father and trainer Dr. Bechtolsheimer develop their talented youngsters in a sympathetic and purposeful way. Dr. B says patience is the key. Progressing from 'baby' steps in previous DVDs, Step and Teddy have now matured as 5 year olds. This two part series offers a priceless insight into the thinking and training of one of the world's top dressage riders. This first DVD consists of four chapters:

- Progressing Step's Early Work
- Step Begins Baby Lateral Work
- Working on Balance with Teddy
- Organizing Teddy's Huge Canter

Laura was the youngest rider to win the National Championships and to represent Great Britain in dressage. She made her Olympic debut in 2008, and in 2009 won team silver and individual bronze at the European Championships setting a new GB record. In 2010, she won three silver medals at the World Equestrian Games, including team silver. She was also part of the Gold winning Olympic team in London 2012!



POTLUCK EVENT!!: In honor of WEG this month our food theme is international! Please bring an international inspired dish. APPROVED FOR USDF UNIVERSITY CREDIT